



**VGDance Timetable Summer 2024 – (11 Week Term)**

**Term Dates:** Monday 15<sup>th</sup> April – Monday 8<sup>th</sup> July (no classes May 6<sup>th</sup> Bank Holiday)

Half term: 27<sup>th</sup> May – 2<sup>nd</sup> June

JUNIOR SHOW CLASSES in **BLUE** - SENIOR SHOW CLASSES in **RED** - NON-SHOW CLASSES in **BLACK**

**MONDAY**

Alton Sports Centre Studio 1			VGDance Studio Energique		
5.00 – 6.00	Private classes		2.00– 2.45	Adult Jazz	Adult
			2.45 – 3.20	Adult Tap	Adult
			3.45 – 4.15	<b>Pre-School Dance</b>	Age 2.5+
			4.30 – 5.30	Progressing Ballet Technique 2	Year 5+
			5.30 – 6.30	Progressing Ballet Technique 3	Year 8 +
			7.00 – 8.00	Adult Ballet	Adult

**TUESDAY**

Alton Sports Centre Studio 1			VGDance Studio Energique		
4.00 – 4.30			4.00 – 4.30	<b>Primary Ballet</b>	Year 1/2
4.30 – 5.00	Inter Tap	Year 11+	4.30 – 5.00	<b>Primary Tap/Mod</b>	Year 1/2
5.00 – 5.45	Adv 1 Modern	Year 11+	5.00 – 5.45	<b>Grade 3 Tap</b>	Year 7
5.45 – 6.30	Grade 7 Ballet	Year 11+	5.45 – 6.30	<b>Grade 3 Modern</b>	Year 7
			6.30 – 7.15	<b>Grade 3 Ballet</b>	Year 7
			7.15 – 8.15	Adult Ballet	Adult

**WEDNESDAY**

Alton Sports Centre Studio 1			VGDance Studio Energique		
4.00– 4.45	<b>Musical Theatre 2/3</b>	Year 7+	9.00 –10.00	Adult Ballet	Adult
4.45 – 6.00	<b>Contemporary</b>	Year 7+	10.15-10.45	<b>Pre-school</b>	Preschool
Alton Sports Centre Studio 2			4.00-4.30	<b>NEW Yr R Ballet</b>	Year R
4.00 – 4.45	<b>Lower Senior Street</b>	Year 7-9	4.30-5.00	<b>NEW Yr R Tap/Mod</b>	Year R/1
4.45 – 5.30	<b>Junior Street</b>	Year 3-6	5.00 – 5.45	<b>Grade 2 Ballet</b>	Year 3/4
5.30 – 6.00	<b>Infant Street</b>	Year R-2	5.45-6.30	<b>Grade 1 Tap/Mod</b>	Year 3/4
			7.00 – 7.45	Adult Jazz	Adult
			7.45 – 8.30	Adult Tap	Adult

## THURSDAY

Alton Sports Centre Studio 1			VGdance Studio Energique		
4 – 4.30	<b>Grade 5 Tap</b>	Yr 10 +	4.15 – 5.00	<b>Grade 2 Ballet</b>	Year 5/6
4.30 – 5.15	<b>Grade 6 Ballet</b>	Yr 10 +	5.00 – 6.00	<b>Grade 2 Tap/Mod</b>	Year 5/6
5.15 – 6.00	<b>Inter Modern</b>	Yr 10 +	6.00 – 6.45	Grade 4 Tap	Year 8/9
			6.45 – 7.30	Grade 5 Modern	Year 8/9
			7.30 – 8.15	Grade 5 Ballet	Year 8/9

## FRIDAY

Alton Sports Centre Studio 1			VGdance Studio Energique		
4.00 – 5.00	<b>NEW Inter Foundation Ballet 1</b>	Yr 7+	4.00 - 5.15	Inter Foundation Ballet 2	Year 8/9
5.00 – 6.15	Advanced 1 Ballet	Year 11+	5.15 - 6.45	<b>Intermediate Ballet</b>	Yr 9/10
			6.45 – 7.45	Conditioning	Year 7+
<b>ZOOM</b>					
5.30 – 6.15	Hypopressives	Adults			

## SATURDAY

Alton Sports Centre Studio 1			VGDANCE Studio Energique		
10.30 – 11.15	Grade 6 Ballet	Yr 10+	8.45-9.15	<b>Preschool Dance</b>	Preschool
11.15 – 12.00	Grade 5/inter Tap	Yr 10+	9.20-9.50	<b>Year R Ballet</b>	Year R
12.00 – 12.45	Inter Modern	Yr 10+	9.55-10.25	<b>Year R/1 Tap/Mod</b>	Year R/1
12.45 – 1.30	<b>Pointe</b>	Invite	10.25-10.55	<b>Year 1 Ballet</b>	Year 1
1.30 – 2.00	<b>Song</b>	Senior Show			
2.00 – 2.45	<b>Advanced 1 Ballet</b>	Yr 10+	11.00-11.30	<b>Primary Ballet</b>	Year 2
2.45 – 3.45	<b>Senior Street</b>	Year 10+	11.30-12.00	<b>Primary Tap</b>	Year 2/3
3.45 – 4.30	<b>Adv 1 Modern</b>	Year 12	12.00-12.30	<b>NEW Grade 1 Ballet</b>	Year 3
4.30 – 5.15	<b>Inter+ Tap</b>	Year 12	12.30 - 1.15	<b>Grade 1 Tap/Mod</b>	Year 4
5.15 – 6.15	<b>Grade 7 Ballet</b>	Year 12	1.15-2.00	<b>Grade 2 Ballet (new)</b>	Year 4
			2.00-2.45	<b>Grade 2 Ballet</b>	Year 5/6
			2.45 – 3.45	<b>Grade 2 Tap/Mod</b>	Year 5/6
<b>Alton Sports Centre Studio 2</b>			3.45 – 4.30	<b>Grade 5 Ballet</b>	Year 8/9
10.00 – 10.45	<b>Grade 3 Ballet</b>	Year 7+	4.30 – 5.15	<b>Grade 4 Tap</b>	Year 8/9
10.45 – 11.30	<b>Grade 3 Modern</b>	Year 7+	5.15 – 6.00	<b>Grade 5 Modern</b>	Year 8/9
11.30 – 12.15	<b>Grade 3 Tap</b>	Year 7+	6.00 – 7.00	<b>Inter F Ballet</b>	Year 8/9
2.00 – 2.45	<b>Lower Senior Street</b>	Year 7+			
<b>Upstairs Studio Energique</b>					
			10.20-10.50	<b>Infant Street</b>	Yr 1 - 2
			11.10-11.50	<b>Junior Street</b>	Year 3/4
			12.45 – 1.30	<b>Junior Street</b>	Year 5/6

